

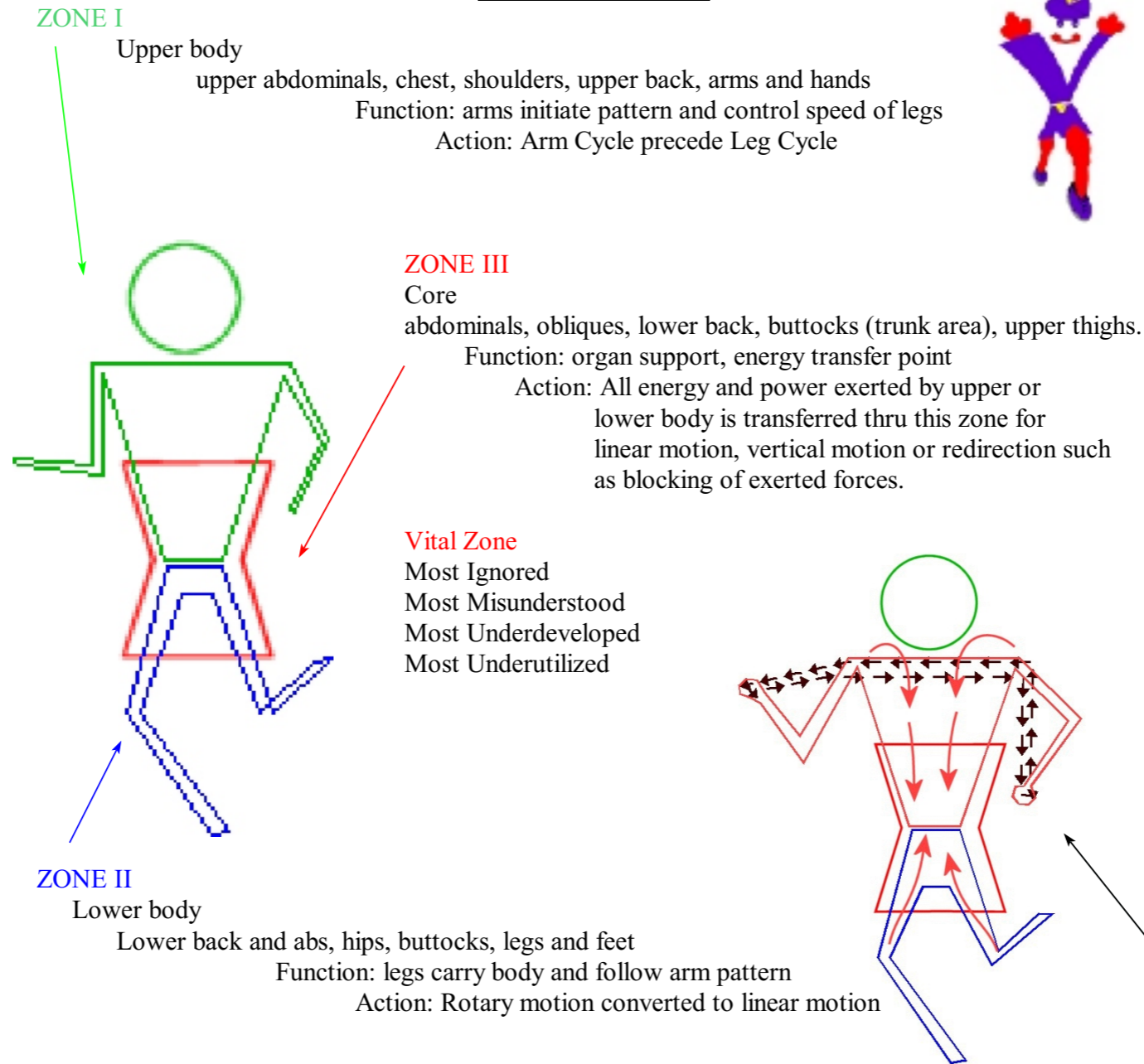
What do you mean by “Pendulum Motion” and Your “Comfort Zone?”

In this case, pendulum motion of your arms occurs naturally when your legs move forward, because forward leg motion causes your upper body to rock and your arms to swing. Now you can focus this movement and energy to increase the benefit of your exercising.



The “Comfort Zone” I refer to is that feeling of stability and control created here, allowing the exerciser to experience a previously unattainable level of comfort.

BODY ZONES



What Is the Victorystrap?

This utility patented invention creates a load-free zone on the upper body and utilizes the motion natural to the body during walking and running to improve the performance potential of the athlete.

How Is this Accomplished?

The Victorystrap utilizes the immediate and ongoing activity by training the body to maximize the bio-mechanical motion already underway.

1. Transfers the rotary motion of the arms through the core to maximize the rotary motion of the legs to move you forward more efficiently.
2. Passive - allows you to relax your upper body and concentrate on your running, form and balance. Promotes good muscle memory and fluid motion.
3. Responsive - bearing down creates isotonic/isometric contractions that result in maximum benefit with minimum exertion.

Force is applied from forward and rearward motion of upper body redirected thru the core to be utilized.